

## **Lórien Eck Art & Design**

**[www.LorienEck.com](http://www.LorienEck.com)**

**949-357-5510**

Lórien's muse is a combination of our vast cosmos, the natural elemental world and the Divine. "I create purely from my instinct, exploring truth, beauty and creation itself, working with my instruments of alchemy: light (all colors) and the earth's raw materials." My personal mission in life is to balance, heal, harmonize and beautify, bringing about these ideals through my original artwork and awakening the Divine inner artist in all!

"My inspiration often comes from traveling the world on volunteer endeavors, meditation retreats and teaching sojourns. I am deeply moved by the rich textures and brilliant colors of India and the deep jungle greens of Thailand, where voices of chanting monks permeate the silence before dawn. Trekking the Guatemalan highlands brings to mind the coarse threads of hand-woven Mayan textiles and an ancient culture pulsating with fertility. Living abroad in Ghana, I was steeped in images of saturated and intricate batik design motifs and the primal reds of the soil."

Lórien's passion and purpose is to inspire and support people in making transitions in consciousness. She offers this through her spiritually textured abstract paintings, in particular with her personalized [Soul Cosmology Paintings](#). She also helps people reclaim their inner artist, educating through the creative process both with groups and individuals. To facilitate this, Lórien offers online art classes via [Art with Lorien](#) and [Art of Meditation](#) classes to small groups and in corporate settings. Her current works of art explore the interaction between the Soul, the Feng Shui five elements, the environment, and our feelings.

*Color is a power which directly influences the soul. ~ Wassily Kandinsky*

Lórien Eck was born in Los Angeles and raised in Laguna Niguel, California. She graduated from San Francisco State University (B.A. Studio Art), St. Lawrence University, New York (M.Ed.), Otis College of Art and Design, and CSU International Programs in Florence, Italy. She is an award-winning arts educator with a California State Teaching Credential and National Board Certification in Art, Adolescence to Young Adults. Her artwork is represented by Hale Arts SPACE gallery in Santa Monica and Laguna Gallery of Contemporary Art in Laguna Beach. Her work has been shown in galleries and spaces in Malibu, Santa Monica, Venice, Dana Point, the San Francisco Bay area, New York, Florence and Sardinia, Italy, and in private collections across the US, Canada, Europe and the UK. Her artwork is dedicated to the loving memory of her sister, Alisa Diane Eck.

She maintains an art studio in Los Angeles, California.